



Mr Blake Ireland
Life Solutions Reverse Osmosis Water
11/F China Merchants Commercial Building,
15 Connaught Road, West,
Sheung Wan,
Hong Kong

3rd May, 2010

Dear Blake

I am writing to express my extreme satisfaction with the Life Solutions Reverse Osmosis water filtration system.

Water makes up over 70% of our body and is essential for all biomechanical functions, so maintaining the purity of that water is a vital step towards better health and longevity.

The traces of heavy metals, pesticides and industrial chemicals found in our water supply can be harmful to health and lead to an increased incidence of disease and illness over time. Other contaminants may include bacteria, such as *Cryptosporidium* and *Giardia*, which can be found in tap water. Bottled water has also been shown to contain Bisphenol-A, a chemical leached from plastic bottles, that can have an adverse effect on the body's nervous and neurological systems.

We can filter out potential health hazards prior to consumption, or we can force our bodies to be the filter. Clean, pure, chemical-free water is crucial for health and wellbeing.

Your filters were installed over 6 years ago in my family practice medical clinic, Dr Lauren Bramley & Partners, and at Curves Fitness Centres as well as at home, and cannot recommend this reliable system highly enough.

Since installing the system to provide water for my patients, staff and family, not only is our water better tasting and healthier as the potential health hazards are filtered out, without removing essential minerals, but our environmental conscience is also clear, as we help to lessen the polluting impact of plastic bottles.

Reducing the toxic burden both to ourselves, and to our planet, certainly leaves a good taste in one's mouth!

Yours sincerely,

Dr Lauren M Bramley
Medical Director.